

POST-PROCEDURAL CARE INSTRUCTION BOOKLET

INTRODUCTION TO THE VENUS VERSA™ TRIBELLA™ TRI-MODALITY TOTAL FACIAL THERAPY  
POST-PROCEDURAL CARE INSTRUCTION BOOKLET

The post-care instruction booklet has been created to help prepare you for care after your treatment in the clinic is complete. Following these instructions will maximize your aesthetic outcome. The booklet will also provide you with a few of the post-procedural warning signs that may herald a complication. As you discovered from our informed consent booklet and your discussion with [redacted], most potential complications tend to be minor and can be effectively managed if we are notified promptly. Please read this booklet carefully, initial each page, and sign the last page to indicate you have read and fully understood its contents. If you do not understand any of the items in the post-care instruction booklet, please do not hesitate to call the clinic and speak with [redacted]. In the rare instance that you are unable to contact [redacted] with a post-care concern, and you feel it is of an urgent nature, please proceed to the emergency room of your nearest hospital. Remember, your excellent aesthetic outcome and quality of care is our goal. We are here to help you!

CONTACTING THE OFFICE

Office:  
After Hours:

## POST-PROCEDURAL CARE INSTRUCTIONS

### YOUR PROCEDURE

The treatment you have selected is Venus Versa™ TriBella™ (Tri-Modality Total Facial Therapy).

Venus Versa™ TriBella™ features:

- An IPL treatment for photorejuvenation, pigmentation, and vascular lesions.
- A DiamondPolar™ applicator treatment using (MP)<sup>2</sup> technology for enhanced collagen and elastin production.
- An NanoFractional RF™ applicator treatment that improves the appearance of textural skin conditions.

Using three applicators with distinct models of action, Tribella™ is the synergistic fusion of three unique technologies for unparalleled outcomes. Tribella™ is the ultimate skin rejuvenation treatment that simultaneously enhances tone, tightness, and texture.

### POST-PROCEDURAL CARE - DAY 1 TO 7

The healing time for any given treatment varies between different clients. The following represents the general recovery phases you might expect. Individual clients may experience variations from this course.

#### Pigment IPL Treatments:

Browning or darkening of the skin pigment, and purplish or black tints to a dark pigment, as well as crusting of the pigmented area over a few days, may all occur as part of normal post-treatment healing. Crusting will flake off, and while erythema and edema may also appear, these symptoms will resolve in 3 to 7 days.

#### Vascular Lesion IPL Treatments:

Blanching, greying, or a deep purple tinting or blackening of the vessel may occur over the course of a few days as the damaged tissue will be broken down and absorbed. This may last approximately 3 to 7 days.

#### Swelling/Discomfort/Redness:

Swelling of your wrinkles occurs immediately. Significant swelling and redness of the treated areas and untreated parts may occur following your procedure, and will be maximal at 24 - 48 hours. To minimize swelling, keep your head elevated. It is not uncommon for clients to experience under-eye swelling for the first 1 to 2 days, but this swelling will subside. There will be redness and slight heat emanating from the treated area for the first 24 hours, akin to a mild sunburn. It is unusual to experience severe or excessive pain; you should notify us if this occurs. Tiny scabs will usually be formed 24 - 72 hours post-treatment, and may remain for several days. The scabs should not be touched or scratched even if they itch, and should be allowed to shed off naturally.

#### Activity:

Some mild discomfort may occasionally follow treatment. You may return to regular activities immediately. It is advised that you avoid hot baths, saunas, Jacuzzis, and pools for the first 2 days following treatment, as bacteria found in these environments could cause an infection. It is best to avoid applying ice or cooling compresses to the treated area, as the heat emanating from the skin is the body's natural healing response. However, if you are experiencing extreme heat or discomfort, you may use cold compresses to soothe the area.

#### Moisturizer:

Post-treatment care, including applying of moisturizers or supporting creams on the treated skin, is at the Physician's discretion.

#### Make-Up:

After 24 hours, most patients are able to apply makeup to hide the pinkness of the skin. It is important that you remove all makeup that is applied to the skin at night. Do not sleep with makeup on the treated area.

Client Initials: \_\_\_\_\_ Date: \_\_\_\_\_

Avoiding the Sun:

Avoiding direct sun should become a permanent component of your long-term skin care program. Always use an SPF 30 or greater beginning 24 - 48 hours after the skin has fully healed. Sun exposure, tanning beds, and artificial sunless tanning lotions are not allowed in the treated areas during the course of the treatment and healing.

Long-Term Skin Care:

In addition to avoiding direct sun exposure, we suggest all clients use long-term skin care that will optimize the youthful, rejuvenated appearance you have achieved. We offer clients a program for long-term facial skin maintenance. This unique program offers state-of-the-art skin maintaining and rejuvenating creams that are only available and administered by our medical team.

**WARNING SIGNS**

The following are some of the symptoms that should alert you to the possibility of an impending or existing complication and you should contact the clinic:

**Infection:**

Infection may be present if you notice:

- (i) Increased (rather than decreasing) facial swelling after the first 24 - 36 hours.
- (ii) Redness spreading beyond the area of resurfacing, that is warm and tender to touch.

**VENUS VERSA™ NANOFRACTIONAL RF POST-PROCEDURAL CARE INSTRUCTION BOOKLET - ACKNOWLEDGMENT AND RELEASE**

I, \_\_\_\_\_ have had an opportunity to review the Venus Versa™ NanoFractional RF Post-Procedural Care Instruction Booklet. I understand the items it contains and have initialed each page. I have been given an opportunity to ask any questions regarding these instructions and have had these questions answered to my satisfaction.

I understand that my cosmetic outcome may be compromised or a complication may ensue by:

1. Failure to attend any scheduled post-procedural visit.
2. Failure to follow post-procedural care instructions.
3. Failures to report symptoms or signs that are unusual or concerning.

\_\_\_\_\_  
Patient or Person Authorized to Sign for Patient

\_\_\_\_\_  
Please Print Name Here

DATE: \_\_\_\_\_ WITNESS: \_\_\_\_\_

**Client Initials:** \_\_\_\_\_ **Date:** \_\_\_\_\_